



DEPARTMENT OF PSYCHOLOGY

## TO WHOM IT MAY CONCERN

This letter is to state that the staff of the Dunedin Multidisciplinary Health and Development Study (the Dunedin Study) have been measuring the health and development of about a thousand people since they were born at Dunedin's Queen Mary Maternity Hospital between 1 April 1972 and 30 March 1973. The bearer of this letter is one of those people. Participants in the Dunedin Study have been assessed at the Study's Unit on a regular basis since age 3 and were last seen at age 45 in 2017-2019. Results from the Study have helped to improve health and education services for children, adolescents, adults, and their families, and are of national and international significance.

The latest assessment phase of the Study is now underway. Phase 52 includes a main assessment day at the Dunedin Study Research Unit and a further part-day assessment at Pacific Radiology in Great King Street for the Brain Imaging Study.

I would therefore be grateful if you could make it possible for and, indeed, encourage our Study member presenting this letter to you, to attend the Dunedin Research Unit for one and a half days, at a time convenient to you. For those not now living in Dunedin (about two thirds of our Study members), sufficient time to travel to Dunedin and home again will also be required.

This Study owes a great deal to the tremendous community support it has received, especially from employers. We are aware our request may cause some inconvenience to you but we hope you will be able to assist on this occasion. With your help, the knowledge we gain from our Study members will ultimately go a long way towards understanding and improving important aspects of life for everyone.

With grateful thanks,

Yours sincerely,

**Professor Moana Theodore**  
**DIRECTOR**

**DUNEDIN MULTIDISCIPLINARY HEALTH & DEVELOPMENT RESEARCH UNIT**

PO Box 913, Dunedin, New Zealand, Tel 64 3 479 8508 • Fax 64 3 479 5487  
Email [dmhdru@otago.ac.nz](mailto:dmhdru@otago.ac.nz) <http://dunedinstudy.otago.ac.nz>

