



DEPARTMENT OF PSYCHOLOGY

INVITATION TO TAKE PART IN THE AGE 52 ASSESSMENT PHASE

Dear Study member,

I am honored to be writing to you as the new Director of the Dunedin Study. I want to start acknowledging that 2023 was a difficult year for everyone associated with the Study with the untimely passing of Richie. The incredible support and aroha we have received from you, the Study members, has been a great comfort.

I am writing to you to announce the launch of our next major assessment phase (Phase 52). Phase 52 will begin on 8 April 2024 and run until the end of December 2025 (or early 2026 if required). We have some exciting new assessments and a lot of assessments that you will remember. We have tried to make it a slightly simpler day compared to Phase 45. The whole day will happen at our Research Unit with no trips to the hospital, we will not be using the exercise bike nor the respiratory body box, and will not be repeating breathing tests after taking Ventolin, but will still test your breathing and ask you to "Keep going, keep going."

We think the assessment day will be less busy, shorter, and more relaxed than last phase, but you are the experts, and we look forward to your feedback!

The package that accompanies this letter includes:

- Explanation of Procedures - **what we will ask you to do including any new assessments.**
- Consent Form - **to bring with you on the day of your assessment.**
- Travel, accommodation, and assessment form.
- Letter for your employer.
- MRI information.

Similar to at age 45, we will ask you to attend an assessment day. On a separate day, we will ask you to attend a much shorter brain imaging scan and retinal photo that requires about 1.5 hours. If you are planning to stay in Dunedin or the surrounding area for a few days and you want to have your brain imaging appointment at another time during your stay, we are happy to make this arrangement for you.

I do appreciate how busy life is at 52, juggling work, family, and everything else, and as always, we all deeply appreciate your ongoing involvement in the Study.

Thank you for all that you have done up to this point to make the Dunedin Study the incredible success that it has become. I look forward to meeting you personally when you come in for your assessment.

Kind regards,

Professor Moana Theodore Director