



DEPARTMENT OF PSYCHOLOGY

## TO WHOM IT MAY CONCERN

This is to state that the staff of this Research Unit have been measuring the health and development of about a thousand young people who were born at Dunedin's Queen Mary Maternity Hospital between 1 April 1972 and 30 March 1973. The bearer of this letter is one of those people. Participants in the Dunedin Multidisciplinary Health and Development Study have been assessed at the Unit on a regular basis since age 3, and were last seen at age 38 in 2010-2012. Results from the Study have helped to improve health and education services for children, adolescents, young adults and their families, and are of national and international significance.

The latest assessment phase of the Study, when we wish to see as many of our Study participants as possible at age 45, is now under way. Phase 45 includes an exciting new addition to this Study – the Brain Imaging Study – and we hope that all of our Study participants can take part in this, as well as their standard assessment. The Brain Imaging Study will require a further half-day's attendance at Pacific Radiology in Great King Street for an fMRI scan and other assessments.

I would therefore be grateful if you could make it possible for and, indeed, encourage our Study member presenting this letter to you, to attend the Dunedin Research Unit for one and a half days, at a time convenient to you. For those not now living in Dunedin (about two thirds of our Study members), sufficient time to travel to Dunedin and home again will also be required.

This Study owes a great deal to the tremendous community support it has received, especially from employers. We are aware our request may cause some inconvenience to you but we hope you will be able to assist on this occasion. With your help, the knowledge we gain from our Study participants will ultimately go a long way towards improving health services for young adults, as well as helping us understand the development of risk for chronic diseases in later life.

With grateful thanks

Yours sincerely,

**Professor Richie Poulton**  
**DIRECTOR**

**DUNEDIN MULTIDISCIPLINARY HEALTH & DEVELOPMENT RESEARCH UNIT**

PO Box 913, Dunedin, New Zealand, Tel 64 3 479 8508 • Fax 64 3 479 5487  
Email [dmhdru@otago.ac.nz](mailto:dmhdru@otago.ac.nz) WWW <http://dunedinstudy.otago.ac.nz>

