

Phase 38 Data Directory

SECTION 1

THE ASSESSMENT DAY

- Overview of the Assessment Day
- Morning and Afternoon Log Sheets

Phase 38: Assessment Day – Detailed Outline

8.25 – 8.40	Explanation of Procedures/Consent
8.40 – 9.35	<u>Cardiovascular Health:</u> Medications Capture; Questions; Measurement; Retinal Imaging; Blood Pressure; Endothelial Function; Cardio-respiratory Fitness.
9.35 – 10.30	<u>Cognitive 1:</u> Block Design; Verbal Paired Associates I; Symbol Search; Digit Span; Digit Symbol Coding; Grooved Pegboard; Brief Smell Identification Test; Similarities; Verbal Paired Associates II; Picture Completion; Grip Test.
10.30 – 10.45	Morning Tea
10.45 – 11.40	<u>Cognitive 2:</u> Matrix Reasoning; Work List I; Trail Making Test; Arithmetic; CANTAB Reaction Time; CANTAB Visual Paired Associates; Word List II; CANTAB Rapid Visual Information; Information; Mental Control; Balance.
11.40 – 12.35	<u>Respiratory Health:</u> Self-administered Respiratory Q; Administered Asthma Q; Nijmegen Q; Exhaled Nitric Oxide/Carbon Monoxide; Lung Function; Smoking; Sleep Quality Q; Pain & Fatigue; Family Health Update.
12.35 – 1.05	Lunch
1.05 – 2.45	<u>Emotional Health/Life Events: 2 Sessions</u> Life History Calendar; Mental Health Interview; Cognitive Complaints; Service Use; Mental Health Calendar; Informant Form.
2.45 – 2.55	Afternoon Tea
2.55 – 4.35	<u>Lifestyle: 2 Sessions</u> NZ Society & Health; Work; Finances; Self-reported Delinquency; Partner Relations; Conflict Resolution Tactics; Sexual & Reproductive Health; Childhood Trauma; Social Support; Wrinkle Interview; Wrinkle Photo.
4.35 – 5.25	<u>Dental Exam & Questionnaires; Blood;</u> <u>General Health Interview:</u> General Health Q ; Injuries Q; Disabilities/Handicap Q; Service Use; Physical Activity; Diet; Well Being;
	Reimbursements; Collection of self completed Questionnaires

DATE:

Phase 38 – MORNING ASSESSMENTS

Study Member First Name & ID Number	Consent	Remarks	<u>8:40 – 9:35</u>	<u>9:35 – 10:30</u>	<u>10:45 – 11:40</u>	<u>11:40 – 12.:35</u>
1. _____ _____			Cardiovascular Health In: _____ Out: _____	Cognitive Assessment 1 In: _____ Out: _____	Respiratory Health In: _____ Out: _____	Cognitive Assessment 2 In: _____ Out: _____
2. _____ _____			Cognitive Assessment 2 In: _____ Out: _____	Cardiovascular Health In: _____ Out: _____	Cognitive Assessment 1 In: _____ Out: _____	Respiratory Health In: _____ Out: _____
3. _____ _____			Respiratory Health In: _____ Out: _____	Cognitive Assessment 2 In: _____ Out: _____	Cardiovascular Health In: _____ Out: _____	Cognitive Assessment 1 In: _____ Out: _____
4 _____ _____			Cognitive Assessment 1 In: _____ Out: _____	Respiratory Health In: _____ Out: _____	Cognitive Assessment 2 In: _____ Out: _____	Cardiovascular Health In: _____ Out: _____

DATE:

Phase 38 – AFTERNOON ASSESSMENTS

Study Member First Name & ID Number	Consent	Remarks	<u>1:05 – 2:45</u>	<u>2:55 – 4:35</u>	<u>4.35 – 5.25</u>
1. _____ _____			Emotional Health/ Life Events 102 In: _____ Out: _____	Lifestyle 1 In: _____ Out: _____	Dental Interview x 2 Blood
2. _____ _____			Emotional Health/ Life Events 103 In: _____ Out: _____	Lifestyle 2 In: _____ Out: _____	Dental Interview x 2 Blood
3. _____ _____			Lifestyle 1 In: _____ Out: _____	Emotional Health/ Life Events 102 In: _____ Out: _____	Dental Interview x 2 Blood
4 _____ _____			Lifestyle 2 In: _____ Out: _____	Emotional Health/ Life Events 103 In: _____ Out: _____	Dental Interview x 2 Blood

DATE:

Phase 38 – AFTERNOON ROUND ROBIN ASSESSMENTS

Blood

In: _____
Out: _____

In: _____
Out: _____

In: _____
Out: _____

In: _____
Out: _____

Dental

In: _____
Out: _____

In: _____
Out: _____

In: _____
Out: _____

In: _____
Out: _____

General Health I	General Health II
_____	_____
In: _____	In: _____
Out: _____	Out: _____
_____	_____
In: _____	In: _____
Out: _____	Out: _____

<u>CHECKLIST</u>	
COLLECT Dental Q Evaluation Form (if used)	GIVE OUT: Retinal Images Tanita Printout ODT article Reimbursements!
ADMINISTER Mobility Q	
DON'T FORGET TO Switch the coffee pot off Take dishes out to the main office for cleaner to wash	